



Contact Information

If you are the victim of abuse, **DON'T BE AFRAID TO GET HELP.**
If you need help, call 911 or speak to one of the representatives at
the agencies listed below.

Adult Protective Services County Contact Information

Information provided by California counties to help individuals find the appropriate county Adult Protective Services office.

To report abuse, contact your local county APS office:

Website [www.cdss.ca.gov/inforesources/
County-APS-Offices](http://www.cdss.ca.gov/inforesources/County-APS-Offices)

California Youth Crisis Line

The California Youth Crisis Line (CYCL) operates 24/7 as the statewide emergency response system for youth (ages 12–24) and families in crisis. Professionally trained staff and volunteer counselors respond to 20,000 calls annually with crisis intervention counseling and resource referrals to service providers in the caller's local community. It provides access to more than 5,500 free or low-cost resources for youth and families across California.

Phone (800) 843-5200

Website www.calyouth.org

Childhelp National Child Abuse Hotline

The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. Serving the United States and Canada, the hotline is staffed 24/7 with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergency, social service, and support resources.

Phone (800) 4-A-CHILD (22-4453)

Website www.childhelp.org/hotline

Community United Against Violence (CUAV) (LGBTQ Advocate Group)

Founded in 1979, CUAV works to build the power of LGBTQ (lesbian, gay, bisexual, transgender, and queer) communities to transform violence and oppression.

Phone (415) 333-HELP (4357)

Website www.cuav.org

FORGE

Offers support and awareness training on sexual violence, domestic violence, dating violence, stalking, or hate violence experienced by transgender people.

Mailing address P.O. Box 1272
Milwaukee, WI 53201

Phone (414) 559-2123

Website www.forge-forward.org

Los Angeles LGBT Center

Provides services for more LGBT people than any other organization in the world, offering programs, services, and global advocacy that span four broad categories: health, social services and housing, culture and education, leadership and advocacy.

Phone (323) 993-7400
Website www.lalgbtcenter.org

Loveisrespect.org

Loveisrespect is the ultimate resource to empower youth to prevent and end dating abuse. It is a project of the National Domestic Violence Hotline.

Phone: (866) 331-9474
TTY: (866) 331-8453
Website www.loveisrespect.org/

Palm Cards: Download wallet-sized cards to connect holders to loveisrespect's services and list the warning signs of abuse. www.loveisrespect.org/resources/download-materials/

National Coalition of Anti-Violence Programs

Works to prevent and respond to all forms of violence against and within lesbian, gay, bisexual, transgender, queer, and HIV-affected communities.

Mailing address 116 Nassau St., 3rd floor
New York, NY 10038
Hotline (212) 714-1141
Phone: (212) 714-1184
Website www.avp.org

National Domestic Violence Hotline

Serves victims of domestic abuse and their friends and family. Highly trained, expert advocates are available 24/7 by phone to talk with anyone affected by physical, emotional, verbal, sexual or financial abuse.

Phone (800) 799-SAFE (7233)
Chat online www.thehotline.org
Resources <https://www.thehotline.org/resources/download-materials/>

National Human Trafficking Hotline

The National Human Trafficking Hotline is a national anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States.

Phone (888) 373-7888
Website www.humantraffickinghotline.org
Resources <https://humantraffickinghotline.org/get-involved/outreach-and-awareness>

National Suicide Prevention Lifeline

The Lifeline provides free, and confidential support for people in distress 24/7, and offers prevention and crisis resources.

Phone (800) 273-TALK (8255)
Phone (888) 628-9454 (Spanish)
Website www.suicidepreventionlifeline.org
Resources <https://www.store.samhsa.gov/>

Professional Beauty Association (PBA)

15825 North 71st Street, Suite 100
Scottsdale, AZ 85254-1521

Website: www.probeauty.org

Phone: (800) 468-2274

PBA Cut It Out Program

Website: www.probeauty.org/cutitout

To order free Cut It Out materials: <https://probeauty.wufoo.com/forms/zhmek8o1t08smd/>

Rape, Abuse & Incest National Network (RAINN)

The nation's largest anti-sexual violence organization.

National Sexual Assault Hotline (800) 656-HOPE (4673)
Website <https://hotline.rainn.org>
Chat online online.rainn.org
Resources <https://rainn.org/graphics-and-banners>