



2019 Health and Safety Course Syllabus

Instructor

Course Overview

Phone

Email

Office Location

Office Hours

The Health and Safety course is a training program on health and safety issues, and worker rights challenges faced by Board licensees within the State of California. Topics include hazardous chemicals in the workplace, communicable diseases, ergonomics, health and safety, legal rights, basic workers' rights, and physical and sexual abuse awareness training. This course will provide students with a better understanding of the knowledge, skills and training needed to succeed in the Barbering and Beauty industry.

Course Materials

- Health and Safety Course, Board of Barbering and Cosmetology
- Student Exam Booklet
- California State Board of Barbering and Cosmetology Act and Regulations 2019, *Board of Barbering and Cosmetology*

Learning Objectives

- Understand the Board of Barbering and Cosmetology's mission, access its website and know what is available to the future professional.
- Understand what chemicals can be found in the workplace, how to utilize Safety Data Sheets, and how chemicals can affect the future professional.
- Understand common ergonomic issues and how to take preventative measures.
- Understand what communicable diseases are and how to best protect oneself.
- Understand health and safety laws and agencies and basic workers' rights.
- Identify different types of physical and sexual abuse and explore techniques the future professional may use in assisting clients that may be experiencing abuse.

Course Schedule

Section	Subject Time Length	Homework (Assigned Pre-Reading)
Section 1	Board of Barbering and Cosmetology (2-3-hour class)	<p><u>READ:</u> Health and Safety Course, <i>Board of Barbering and Cosmetology</i>: Textbook Pages 2-7.</p> <p><u>READ:</u></p> <ul style="list-style-type: none">• <i>Board of Barbering and Cosmetology</i>, Rules and Regulations booklet.
Section 2	Safely Using Chemicals (2-3-hour class)	<p><u>READ:</u> Health and Safety Course, <i>Board of Barbering and Cosmetology</i>: Textbook Pages 12-26.</p> <p><u>READ:</u></p> <ul style="list-style-type: none">• Training Material 2.2 <p><u>Supplemental Assignment for Cosmetologists and Manicurists only</u></p> <p><u>READ:</u></p> <ul style="list-style-type: none">• Training Material 2.3
Section 3	Safety Data Sheets (2-hour class)	<p><u>READ:</u> Health and Safety Course Textbook, <i>Board of Barbering and Cosmetology</i>: page 30-47.</p> <p><u>READ:</u></p> <ul style="list-style-type: none">• Training Material 3.1• Training Material 3.2• Training Material 3.3• Training Material 3.4• Training Material 3.5• Training Material 3.7 <p><u>Supplemental Assignment for Cosmetologists and Manicurists only</u></p> <p><u>READ:</u></p> <ul style="list-style-type: none">• Training Material 3.6.
Section 4	Protection from Hazardous Chemicals (2-hour class)	<p><u>READ:</u> Health and Safety Course Textbook, <i>Board of Barbering and Cosmetology</i>: pages 52-65.</p> <p><u>READ:</u></p> <ul style="list-style-type: none">• Training Material 4.3 <p><u>Supplemental Assignment for Cosmetologists and Manicurists only</u></p> <ul style="list-style-type: none">• Training Material 4.1• Training Material 4.6

Section	Subject	Homework (Assigned Pre-Reading)
	Time Length	
		<p data-bbox="883 218 1435 281"><u>Supplemental Assignment for Cosmetologists and Barbers only</u></p> <ul data-bbox="932 302 1224 512" style="list-style-type: none"> <li data-bbox="932 302 1224 329">• Training Material 4.2 <li data-bbox="932 338 1224 365">• Training Material 4.4 <li data-bbox="932 373 1224 401">• Training Material 4.5 <li data-bbox="932 409 1224 436">• Training Material 4.7 <li data-bbox="932 445 1224 472">• Training Material 4.8 <li data-bbox="932 480 1224 508">• Training Material 4.9
Section 5	Ergonomics (2-hour class)	<p data-bbox="883 531 1474 594"><u>READ:</u> Health and Safety Course Textbook, <i>Board of Barbering and Cosmetology</i>: pages 72-85.</p> <p data-bbox="883 611 1435 674"><u>Supplemental Assignment for Cosmetologists and Manicurists only</u></p> <p data-bbox="883 682 959 709"><u>READ:</u></p> <ul data-bbox="932 726 1240 753" style="list-style-type: none"> <li data-bbox="932 726 1240 753">• Training Materials 5.2.
Section 6	Communicable Diseases (2 ½ - 4-hour class)	<p data-bbox="883 774 1474 837"><u>READ:</u> Health and Safety Course Textbook, <i>Board of Barbering and Cosmetology</i>: pages 90-105.</p> <p data-bbox="883 863 959 890"><u>READ:</u></p> <ul data-bbox="932 911 1500 1062" style="list-style-type: none"> <li data-bbox="932 911 1500 1062">• California Code of Regulations, Section 984, <i>California State Board of Barbering and Cosmetology Act and Regulations</i>: pages 136-137.
Section 7	Health and Safety Laws and Agencies (2-3-hour class)	<p data-bbox="883 1094 1474 1157"><u>READ:</u> Health and Safety Course Textbook, <i>Board of Barbering and Cosmetology</i>: pages 110-120.</p> <p data-bbox="883 1182 959 1209"><u>READ:</u></p> <ul data-bbox="932 1230 1240 1262" style="list-style-type: none"> <li data-bbox="932 1230 1240 1262">• Training Material 7.1.
Section 8	Solving Health and Safety Issues (2-3-hour class)	<p data-bbox="883 1278 1474 1341"><u>READ:</u> Health and Safety Course Textbook, <i>Board of Barbering and Cosmetology</i>: pages 124-131.</p>
Section 9	Workers' Rights and Responsibilities (2 ½ -3-hour class)	<p data-bbox="883 1430 1474 1493"><u>READ:</u> Health and Safety Course Textbook, <i>Board of Barbering and Cosmetology</i>: page 136-152.</p> <p data-bbox="883 1518 959 1545"><u>READ:</u></p> <ul data-bbox="932 1566 1240 1738" style="list-style-type: none"> <li data-bbox="932 1566 1240 1593">• Training Material 9.1. <li data-bbox="932 1602 1240 1629">• Training Material 9.2. <li data-bbox="932 1638 1240 1665">• Training Material 9.3. <li data-bbox="932 1673 1240 1701">• Training Material 9.7. <li data-bbox="932 1709 1240 1738">• Training Material 9.8. <p data-bbox="883 1755 1435 1818"><u>Supplemental Assignment for Cosmetologists and Manicurists only</u></p> <p data-bbox="883 1835 1224 1866"><u>READ:</u> Training Material 9.5.</p>

Section	Subject	Homework (Assigned Pre-Reading)
	Time Length	
Section 10	Physical and Sexual Abuse Awareness (3-hour class)	<u>READ:</u> Health and Safety Course Textbook, <i>Board of Barbering and Cosmetology</i> : page 156-171. <u>READ:</u> <ul style="list-style-type: none">• Training Material 10.1• Training Material 10.2 <u>REVIEW:</u> <ul style="list-style-type: none">• Training Material 10.3